

Beyond Addictions

Free to live a new life in Christ Jesus



That I may Know Him

Lesson 5

Jesus and the Great I AM are one.
He is the only source of light in a dark world.
He is the door through which you enter eternal life.
He is the good shepherd who loves and leads His sheep.
He is the source of life brought out of death.
In Jesus alone you find the way to
salvation, truth and real life.

The problems of addiction are not solved by focusing on the addiction. They are solved by Jesus Christ and the work of the Holy Spirit in your life. The solution is to know Jesus, and to enjoy fellowship with Him as we get to know Him better..

The Apostle Paul had been following Jesus for thirty years when he wrote the following:

Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith; that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death if, by any means, I may attain to the resurrection from the dead. ... Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. Philippians 3:8-11, 13-14

After 30 years with Jesus, Paul still wanted to know Him more. It was his passion; it was the goal of his life. More than serving Jesus, Paul wanted to know Jesus.

Pastor Chuck Smith has said that all men are created with a “God-shaped vacuum”. All of us have an emptiness inside that can only be filled by God. Man was created by God to worship Him and to fellowship with Him, and it is through a relationship with God that we are fulfilled. This was the focus of life for the Apostle Paul and as a result, he lived a very full and fulfilling life. Knowing God can be the focus of your life too.

Real life

Jesus talked about the importance of our relationship with Him in John 17:3. Speaking to the Father, He said “And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.” Eternal life begins when we are born again and start to know Jesus Christ. Jesus said that this is real life. As you will see in this chapter, we come to know God the Father through the revelation of Jesus Christ, His only Son, and this revelation is contained in His autobiography – the Bible.

Why is all of this important to someone who has struggled with addiction? Our problems were rooted, at least in part, in our attempts to fill this “God-shaped vacuum” with something other than a relationship with God. We tried pills; we tried sexual pleasure; we tried just about everything that the world threw at us to fill the emptiness. It was the focus of our life. God promises us something that doesn’t just temporarily take away the emptiness; He fills us eternally and abundantly!

In John 10:10, Jesus compares the offer of Satan to His own offer of satisfaction. He says,
The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

Abundant life is not found in a bottle, or a needle or a roach clip or in any other thing that man has devised. Satan tempts us with his offering of satisfaction through manmade devices like drugs, alcohol and pornography. He does not tempt us in order to give us a good time but to kill us, steal from us and ultimately to destroy us. Compare his offer with the one Jesus brings. Instead of destruction and death, Jesus offers real life. He says that your life in Him will super abound! Praise God for the difference! That is one reason why you should be interested in knowing Him more.

Here is another reason why you should want to know God better. Remember that the people of Thessalonica were commended because they had turned to God from idols to serve the living and true God (I Thessalonians 1:9). Notice the order; they turned to God first. You cannot turn from idols without turning to something else. Most of the world’s teaching about addictions

That I May Know Him

would have you turn to anything other than your current addiction. That is not what the Bible teaches and it isn't what will give you abundant life. Turn to Jesus Christ; focus your life on Him and He will empower you to give up the idolatrous practices in your life.

We have been given the great privilege of getting to know God. Our earliest ancestors – Adam and Eve, had the pleasure of walking with Him in the Garden of Eden. God created them to worship Him and to fellowship with Him. Their sin separated them from God and made it impossible for us to continue in this intimate relationship with God. The separation created a vacuum in our souls that cannot be filled with anything but God. Thank God that He already had a plan – the relationship would be restored through the sacrificial death and resurrection of Jesus Christ. Through Christ, we are united in relationship with God to worship Him and to fellowship with Him. If you don't know God, then you are missing the reason that you were created. Man cannot live a truly fulfilled life without knowing God.

The topic of getting to know God cannot be contained in a single chapter of this book. However, it is contained in one book; it's called the Bible. A lot of our preconceived notions about God are based upon tradition, hearsay or the opinions of other people. It is extremely important to return to God's Word to have your understanding of God rooted in His description of Himself. This is His one and only autobiography. In it, God reveals His nature, His character, how He works in the hearts and lives of men, and much, much more.

Psalm 40:7 says, "Behold, I come; in the scroll of the book it is written of me." According to the tenth chapter of Hebrews, this is a prophecy of Jesus Christ. It means that the entire Bible is about Jesus. Let's look at the Lord in His own Word.

Get to know the One who gives you real life.

God reveals Himself to us by a number of different names in the Bible. This doesn't mean that He is many different gods; each name describes something about His character. You can think of each name as a title for God. He is not just the chief operating officer; He is also chairman of the board, personnel director, chief financial officer, so on and so forth. Let's take a brief look at some of the names or titles that God has in the Bible.

God is the Eternal One, the Great I AM.

In the third chapter of Exodus, God had an interesting conversation with Moses at the burning bush. It was at this place and time that God called Moses to go back to Egypt and deliver His people out of slavery. Moses was a bit skeptical and asked God what he should say when the Israelites asked who sent him.

Beyond Addictions

Then Moses said to God, "Indeed, when I come to the children of Israel and say to them, 'The God of your fathers has sent me to you,' and they say to me, 'What is His name?' What shall I say to them?" And God said to Moses, "I AM WHO I AM." And He said, "Thus you shall say to the children of Israel, 'I AM has sent me to you.'" Exodus 3:13-14

This raises the question, "I Am who or I Am what?" Over the next few centuries, God would fill in the blank after I Am. Let me explain. God later revealed Himself to the people of Israel by the name of YHWH or Jehovah. The Hebrew root for "YHWH or Jehovah" and "I AM" is the same. Both mean "the Eternal One, the Self-existent One, the One who is All". By the name of Jehovah God, He communicates His ability to be all that we need. Throughout the Old Testament, God fills in the blank as He shows various aspects of His nature. Both the King James and New King James versions usually translate YHWH or Jehovah as "LORD". So, when you read LORD you will know that it refers to YHWH or Jehovah.

God revealed aspects of His character according to the needs of His children. In Genesis 22:13-14, Abraham needed a sacrifice for the altar. God revealed Himself to Abraham as Jehovah jireh (THE LORD Will Provide). In other places, He reveals Himself as the God who heals, the God who brings peace, and the God who is present. Here are six facets of the nature of God revealed in the Old Testament:

Jehovah jireh – I AM your provider (Genesis 22:13-14)

Jehovah rapha – I AM your healer (Exodus 15:26)

Jehovah nissi – I AM your banner (Exodus 17:8-15)

Jehovah shalom – I AM your peace (Judges 6:24)

Jehovah tsidkenu – I AM your righteousness (Jeremiah 23:6)

Jehovah shammah – I AM ever present (Ezekiel 48:35)

Our God is the Great I AM. Other men will disappoint us but God will not. He is our provider, our healer, the banner that we march under, our peace, our righteousness and He is ever-present! And this is just a sample of what the Bible says about our Lord.

In Jesus Christ, you have been given a great gift. You have received a relationship with the only One in the universe who is truly whole, who exists apart from anything else – the Great I AM. Through this relationship, He alone makes you whole. If you are feeling incomplete, it may be because you are leaning upon someone or something other than the Lord.

He is God Almighty

God is described as “God Almighty” or *El Shaddai* 48 times in the Old Testament. *El Shaddai* has two meanings: 1) spoiler or oppressor, and 2) strength giver. At first glance, this looks like a contradiction but examine the scriptures a little closer. God is the spoiler or oppressor to those who are without Him, who have never submitted their lives to Him and continue to live in rebellion to His plan for their lives. Romans 8:7 says that the carnal mind is in opposition to God; for it is not subject to the law of God neither can be. This is the condition of natural man; God is *El Shaddai*, the oppressor or spoiler against unbelief and sin.

However, to believers, He is *El Shaddai*, the strength giver. Psalm 91 gives us a beautiful picture of God Almighty as the strength giver and protector of those who trust in Him.

He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty (*Shaddai*). I will say of the LORD, "He is my refuge and my fortress; My God, in Him I will trust." Surely He shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. Psalm 91:1-4

Read the entire Psalm and you will see God Almighty not as a spoiler but as a loving, strong protector for those who love Him and trust Him. The Psalm ends with God saying,

Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him, And show him My salvation. Psalm 91:14-16

What a difference! Can you say this about your relationship with God? As believers who trust in Christ, He is our strength giver, our protector and our salvation.

God is merciful and gracious.

We usually associate the Old Testament with judgment and wrath, and the New Testament with grace and mercy but God reveals Himself in mercy, even in the Old Testament.

While Moses was on Mt. Sinai with God, the people of Israel got a bit confused and had Aaron make a golden calf for them to worship. After the Israelites had committed the horrible sin of idolatry, Moses and God had a long conversation. In Exodus 33:18 Moses asked God to “please show me your glory”. God responded and said, “I will make all of my goodness pass before you.” So when Moses asked to see the glory of Almighty God, He did not respond by showing Moses His wrath or judgment but by showing Moses His goodness. Keep in mind that this happened after the

Beyond Addictions

children of Israel had committed idolatry and adultery at the base of the mountain. What does this tell us? God is glorified more in His goodness and mercy than in His wrath. Moses asked to see His glory and God responded by showing Moses His goodness. He is glorified in forgiving us for our sin and setting us free.

The day after his request, Moses had the opportunity to hear of the glory of God.

And the LORD passed before him and proclaimed, "The LORD, the LORD God, merciful and gracious, longsuffering, and abounding in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, by no means clearing the guilty, visiting the iniquity of the fathers upon the children and the children's children to the third and the fourth generation." Exodus 34:6-7

When God revealed His name to Moses He was also revealing His nature. The first thing God wanted him to know was that the all powerful God is merciful and gracious. That is the open door of forgiveness. He also wanted Moses to know that those who do not accept His mercy will face His judgment.

This scripture in Exodus helps us to better understand the grace of God as well as the judgment of God. Let's look at the grace and mercy first. According to this verse, God abounds in goodness and truth and wants to forgive our iniquity or our destructive lifestyles. God says that He forgives lifestyles of addiction and self-abuse. He also forgives our transgression or habitual sins, and our sin (single offences against God). This is good news, especially when we consider the kinds of destructive lifestyles we have lived in bondage to alcohol, drugs and sexual sin.

God the Father is merciful and gracious. In John 3:16, it says that God loves you so much that He gave His only begotten Son. The love that God has for you today is the same love that He expressed to Moses. He has always wanted to extend mercy and grace. *If you have accepted His offer of salvation through grace, then you receive His mercy.*

Romans 5:8 says that God did not wait for you to turn towards Him before He did what was necessary to forgive you.

But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Romans 5:8

God took action before you and realized that we needed to be forgiven. He is merciful and gracious, long-suffering and abounding in goodness and truth!

What about the judgment mentioned in Exodus 34:7, "...and that will by no means clear the guilty, visiting the iniquity of the fathers upon the children, and upon the children's children, unto

That I May Know Him

the third and fourth generation.” What does this mean? It is statistical fact that children of drug addicts are more prone to become drug addicts; that those addicted to alcohol are more likely to have children who are like them; that children who are abused by their parents are likely become parents who abuse their children. The natural outcome of continuing to dwell in sin is for the iniquity or the destructive lifestyles of the fathers to pass from generation to generation. It has been this way since the sin nature of Adam was passed on to his children.

How can this curse be broken? We will use scripture to interpret scripture. In Deuteronomy 5:9, God provides some additional understanding to this verse:

You shall not bow down to them nor serve them (idols). For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations *of those who hate Me*.

So, iniquity is visited upon *those who hate God* to the third and fourth generation. According to the verse in Deuteronomy, we stop it by *not* hating God. You stopped being God-haters when you admitted that you were a sinner in need of repentance and received Jesus Christ as Lord and Savior. At that point, you and I were forgiven of ALL sin. According to I John 1:7 & 9, it is on the basis of His blood and our confession of sin that “He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness”. As a believer in Jesus Christ, you are no longer an enemy of God. You have been washed clean from your sins by the blood of Jesus and you are no longer guilty. He has separated your sins from you as far as the east is from the west. God Almighty is now your strength-giver rather your spoiler and oppressor. As you focus on Jesus, worship Him and follow Him, He empowers you to stop your abusive, addictive behavior and to break the habits of sin that your fathers lived in if they did not know Jesus. The curse is broken.

On the other hand, if you have not repented of your sin based upon the shed blood of Jesus then you are still in your sin and you stand as an enemy of God (Ephesians 2:15-16, Romans 8:7).

We see the glory of God revealed in Jesus Christ.

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. II Corinthians 4:6

We see the glory of God in the face of Jesus Christ. In John 14:9, Jesus said to Philip, “Have I been with you so long, and yet you have not known Me, Philip? He who has seen Me has seen the Father; so how can you say, 'Show us the Father'?” We know God the Father through the revelation of Jesus Christ, God the Son.

Beyond Addictions

Jesus revealed the glory of God and His claim to be God through a series of verses in the gospel of John. Remember that I AM and Jehovah mean the same thing. The name of Jesus has an interesting connection to these two expressions for God. The Greek name “Jesus” comes from the Hebrew Joshua which means “Jehovah is Salvation”. Since Jehovah and I AM have the same meaning, the name Jesus literally means “I AM Salvation”.

While at the Temple during the Feast of Tabernacles, Jesus engaged the Pharisees in a long conversation about His identity. In John 8:54, He concludes by saying, "Most assuredly, I say to you, before Abraham was, I AM!" They responded by trying to stone Him to death because they believed that He had committed blasphemy. They clearly understood that Jesus was claiming to be the Great I AM.

Throughout the book of John, Jesus makes seven “I AM” statements. Each one reveals more of His nature to you. Here are all seven:

I am the bread of life – John 6:48.

I am the light of the world – John 8:12

I am the door – John 10:9

I am the good shepherd – John 10:11

I am the resurrection and the life – John 11:25

I am the way, the truth and the life – John 14:6

I am the true vine – John 15:1

Jesus and the Great I AM are one. He is the only source of light in a dark world. He is the door through which you enter eternal life. He is the good shepherd who loves and leads His sheep. He is the source of life brought out of death. In Jesus alone you find the way to salvation, truth and real life. Jesus is the true vine and you abide in Him as a branch.

I encourage you to read these seven passages in the gospel of John to learn more about the nature of Jesus and to see for yourself that He is who He claims to be. In His claims, Jesus is telling you, “I AM all that you need”.

Jesus is meek and lowly of heart.

In a rare autobiographical statement in Matthew, Jesus says volumes about His nature when He invited us to follow Him.

That I May Know Him

Come unto me all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn of me; for I am meek and lowly in heart, and ye shall find rest for your souls. For my yoke is easy and my burden is light. Matthew 11:28-30

What does this mean to someone who has struggled with addiction? Let's look at a few key points.

“Labor” in this passage literally means “labor of the soul”. Jesus is inviting all who are discouraged, all who are in despair, who are frustrated or living in sorrow to lay down their heart aches and receive rest for their souls.

You may have lived under the burdens of discouragement, depression, frustration and sorrow. You may have tried to lift the burden through pills, booze or relationships with other people. You searched for some place of rest and peace. Jesus says that He is the One who can remove the burden; He is the lifter of your soul. Come to Him and He will give you rest.

Jesus says that He is meek and lowly of heart. He is not proud and boastful. So, you can approach Him with your problems and enjoy rest in your service with Him.

Many people who struggle with addictions have been told that they cannot come to Jesus until they get cleaned up. Or they have been told He alone is not enough to remove the burden of addictive thinking, discouragement, guilt and despair. That is not true. Jesus invites you to come to Him in whatever state you may be in. He offers rest for your soul.

Jesus promises an easy yoke and a light burden. The yoke referred to in Matthew 11:30 was the wooden device that fit over the shoulders of oxen to pull a load. It was connected to the wagon or plow by lines and the better the yoke fit, the easier it was to pull the weight. Jesus tells us that His yoke is easy. In other words, it is a perfect fit. Our burden is light because He is yoked with us. If you are pulling a heavy burden that is weighing you down, then it is not the one the Lord has designed for you. Wouldn't you prefer to serve Jesus rather than laboring under the burden of drug addiction, drunkenness, lust and sexual sin?

You can see more of the heart of Jesus revealed in Philippians 2: 5-8.

Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Philippians 2:5-8

What do these four short verses tell you about Jesus Christ?

1. Jesus is the very nature of God.

John 1:1 describes Jesus as THE Word who was with God and was God in the beginning of time. John 1:3 says that all things were made by Him. Colossians 1:16-17 says that all things were created by Him and for Him and that by Him all things are held together. Hebrews 1:3 says that Jesus is the express image of the person of God. So you can safely conclude that Jesus is the very nature of God. (Also see Isaiah 9:6, Matthew 1:23, John 17:5, II Corinthians 4:4, Hebrews 1:5,8.)

2. He did not think that it was robbery for Him to be equal with God.

Because Jesus is the very form or nature of God, He was not attempting to steal His position of equality with God the Father. You may remember that Lucifer (Satan) tried to steal the glory of God and was cast down from heaven (Isaiah 14:12-17). Jesus is the Creator; Satan is only a created being. There are a number of places in the gospel of John alone where we see Jesus portrayed as equal with God. In John 5:18 the Jews realized that Jesus had made himself equal with God and they tried to kill Him. In John 5:23, Jesus tells us that those who do not honor the Son do not honor the Father. We have already looked at John 8:58 where Jesus claims to be the Great I AM. In John 10:30 & 33, the Jews accused Jesus of blasphemy again because He said that He is one with the Father.

3. But Jesus made himself of no reputation.

In other words, He emptied Himself. Jesus, God the Son, gave away the very thing that most men fight to protect – His reputation. He came to earth as the baby of a poor Hebrew couple and grew up in obedience to His earthly stepfather. He was despised and rejected (Isaiah 53). He came to His own brothers and they did not receive Him. His humility was prophesied in the Old Testament: Psalm 22:6 – “I am a worm and no man.”; Zechariah 9:9 prophesied that the Messiah would come as lowly, riding on a donkey. This was fulfilled in Matthew 21:1-11. In II Corinthians 8:9, Paul says, “the grace of our Lord Jesus Christ, that, though he was rich, yet for your sakes he became poor”. Jesus willingly gave up all that was due Him as King of Kings and Lord of Lords when He came to earth as a man.

4. And He took on the form or nature of a bond servant.

Coming down to the level of men was not enough. Jesus placed Himself on the level of a bond servant in order to make it clear that no one was excluded from the kingdom of God on the basis of their position in society. He also modeled for us the most valuable leadership quality in His kingdom - being a servant. In John 13:2-11, Jesus exhibited the

That I May Know Him

example for His disciples to follow when He assumed the job of the lowest house slave and washed their feet. The God we serve was willing to humble Himself to the point of an earthly slave. The same hands that fashioned the universe washed the feet of His disciples and were later nailed to a cross.

5. And He was made in the likeness (form or resemblance) of men

In Hebrews 2:14-17 it is explained that as our Great High Priest, it suited Jesus to be made like us in order to be merciful and empathetic. It says, “In all points He was tempted like us”. He was a partaker of flesh and blood that through His death He might destroy him that has power over death, that is the devil (Hebrews 2:14). Jesus intercedes for you as One who faced temptation and overcame it. In Him, you will overcome it too.

6. Jesus humbled himself or allowed Himself to be humiliated.

Jesus did not enjoy the cross. He was humiliated by hanging naked in the place of sinful man. He had the power to come down from the cross but He stayed for our benefit. He allowed Himself to be humiliated so that we might be glorified together with Him. Hebrews 12:2 explains why He did it. “Looking unto Jesus the author and finisher of *our* faith; who *for the joy that was set before him endured the cross, despising the shame*, and is set down at the right hand of the throne of God.” The Creator of the universe permitted His creation to humiliate Him in order that we might be saved. Proverbs 15:33 reminds us that “before honor *is* humility.”

7. He became obedient to the point of death, even the death of the cross.

His obedience to the will of the Father extended all the way to death. The Bible says that He became a curse in our place. The will power we need to overcome sin in our lives is found in Jesus Christ who had the power to remain obedient to the Father even as He was hanging on the cross outside of Jerusalem. According to Deuteronomy 21:23, those who were hung from a tree were accursed by God, “his body shall not remain overnight on the tree, but you shall surely bury him that day, so that you do not defile the land which the LORD your God is giving you as an inheritance; for he who is hanged is accursed of God”. This was the greatest reproach that a Jewish man could endure. The rabbis believed that such a man was cursed by God, abandoned by both heaven and earth. Being hung on a cross was an ugly, humiliating death. The curse carried by Jesus to the cross is what enables us to be forgiven of our sins and healed from our iniquities. The power of His blood is the first requirement for a truly free

life in Christ. His resurrection from the grave proves that He has power over death and over all that we experience in this life!

There is a lot in these verses that describe the God we worship. Just imagine if one earthly leader was willing to give up his throne or palace or White House to live for 33 years among us, and that he was willing to die as an innocent man, being put to death by the very ones he loved. What a powerful story that would be. The God of the universe, who created it all, did just that for you and me!

The real focus of life is to know Jesus. The Apostle Paul knew it, gave his whole life to this purpose and lived one of the most fulfilled lives in history. Many men and women have followed in His footsteps and lived full lives. In the Christian classic *We Would See Jesus*, author Roy Hession says, “My goal is God Himself, not glory nor power nor even blessing but Himself, my God.”¹ He shared the same goal as Paul. May this be your goal and mine until we see Jesus face to face.

There is more to read in the Bible.

There is a great deal about the nature of God in this chapter but it is just a sample of what the Bible says about the One we worship. Take time to read and meditate on the scriptures that are cited. Read them in your own Bible, underline them and ask the Lord to reveal Himself to you as you study His Word. God has a personality; He has a complete nature. You can trust Him. Read through these verses and you will see how trustworthy He is.

According to these verses He is ...

- Good – Psalm 25:8-10, 33:4-5, I Chronicles 16:34
- Merciful – Psalm 62:12
- Gracious – Psalm 84:11, John 1:14, Ephesians 2:8-9
- Loving – Psalm 63:3, Jeremiah 31:3, Romans 5:8
- Holy – Exodus 15:11, Psalm 22:3, Isaiah 6:3
- Righteous – Psalm 7:9, Daniel 9:7, Ephesians 4:24
- Just – Malachi 3:5, Romans 2:11-12, I Peter 1:17
- Wise & Knowledgeable – Job 12:13, Psalm 147:5, Romans 11:33-36
- True – Deuteronomy 32:4, Psalm 31:5, 86: 15

¹ Hession, Roy, *We Would See Jesus*, pg. 13

That I May Know Him

Copyright © 2007 & 2010 by Jeff Rudd. All rights reserved.

Beyond Addictions
Free to Live a New Life In Christ



That I May Know Him

Assignment 5

Name: _____

1. “That I may know Him”. In these words, the Apostle Paul expressed the focus of his life, that he might know Jesus. On a scale of 1-100, how close would you say you come to having the same desire (1 being not very close and 100 being the same as Paul)? _____ How does this desire affect your struggle with addiction? _____

2. According to the text on page 4, why were Adam and Eve created? _____

Why did Jesus pay the price to redeem you and me? _____

3. There are six “I Am” statements on page 6. Each one tells you something about God. Which is the most important to you right now? _____

Why? _____

4. You have probably heard about God Almighty. In this lesson, you find out what that really means. What are the two meanings of El Shaddai or God Almighty? 1) _____
_____ and 2) _____

5. In which of these two ways do you see God most? _____

Why? _____

That I May Know Him

6. What does the name of Jesus mean? (see page 12) _____

Jesus made seven "I Am" statements in the Book of John. Which of these means the most to you?

_____ Why? _____

7. Read Matthew 11:28-30. Have you searched for peace in your life? How does this passage reassure you that you do not need to look anywhere other than Jesus to find the rest and peace that you have desired? _____

8. What is wrong with this statement? "I can't come to Jesus until I get cleaned up." _____

9. What did you learn about the nature of Jesus in this lesson? _____

10. How does growing closer to Jesus keep you free from addiction? _____

Once you complete this worksheet, mail it to:

Free In Christ Prison Ministries
PO Box 1492
Yanceyville, NC 27379

We will review your answers and return this sheet to you along with the next lesson.

Beyond Addictions

Study the Foundational verses included in this chapter and continue to allow the Lord to transform you by the renewing of your mind. People are praying for you!